

OSHA-Required Trainings Offered by Ultimate Risk Services

Training Topic	Standard	Affected Employees	Frequency	Topics Covered
Emergency Action & Fire Prevention	29 CFR 1910.38	<ul style="list-style-type: none"> All employees Emergency Coordinator and Alternates 	<ul style="list-style-type: none"> Initial/reassignment Whenever the applicable plan changes or when the duties or employees' responsibilities under the plan changes ACS recommends annual retraining 	<ul style="list-style-type: none"> Emergency preparation Recognition of alarms Emergency response and evacuation procedures Applicable details of employer's written Emergency Action and Fire Prevention Plan
Portable Fire Extinguishers	29 CFR 1910.157	<ul style="list-style-type: none"> All employees expected to use a fire extinguisher 	<ul style="list-style-type: none"> Initial/reassignment Annually 	<ul style="list-style-type: none"> Recognition & prevention of fire hazards Classes of fires & types of fire extinguishers Using a portable fire extinguisher
Personal Protective Equipment	29 CFR 1910.132 1910.133 1910.135 1910.136 1910.138 1910.95	<ul style="list-style-type: none"> All employees required to use PPE 	<ul style="list-style-type: none"> Initial/reassignment Whenever hazards or PPE changes ACS recommends annual retraining 	<ul style="list-style-type: none"> Review of workplace hazards and assessment Role and importance of PPE Determining when and which PPE is needed Limitations, care and maintenance of equipment
Hazard Communication	29 CFR 1910.1200	<ul style="list-style-type: none"> All "production" employees Any other personnel who enter production area where they could be exposed to hazardous chemicals 	<ul style="list-style-type: none"> Initial/reassignment Whenever new hazards are introduced into workplace ACS recommends annual retraining 	<ul style="list-style-type: none"> Physical and health hazards of chemicals in the work area GHS pictograms; labeling and other forms of warning Safe use, storage, and handling of hazardous materials How to read and comprehend M/SDS Applicable details of employer's written Hazard Communication Program



OSHA-Required Trainings Offered by Ultimate Risk Services

Training Topic	Standard	Affected Employees	Frequency	Topics Covered
Lockout/Tagout (Control of Hazardous Energy Standard)	29 CFR 1910.147	<ul style="list-style-type: none"> Authorized employees Affected employees All other employees whose work operations are or may be in an area where energy control procedures may be utilized 	<ul style="list-style-type: none"> Initial/reassignment Whenever processes, equipment, control procedures or job responsibilities change, or inadequacies are identified 	<ul style="list-style-type: none"> Recognition and control of hazardous energy sources Roles and responsibilities of Authorized and Affected employees Energy types and characteristics Lockout/tagout procedures Using PPE and other precautions
Bloodborne Pathogens	29 CFR 1910.1030	<ul style="list-style-type: none"> Designated first aid responders Any other personnel who have a possibility of occupational exposure to bloodborne pathogens that may result from the performance of an employee's duties (i.e. housekeeping personnel and anyone require to clean up blood from the scene of an accident) 	<ul style="list-style-type: none"> Initial/reassignment Whenever duties or procedures change Annually 	<ul style="list-style-type: none"> Bloodborne diseases Misconceptions about exposures Exposure control methods Universal precautions and PPE Emergency procedures and waste disposal Applicable details of employer's written Bloodborne Pathogens Exposure Control Plan
Respiratory Protection	29 CFR 1910.134	<ul style="list-style-type: none"> All employees who use respirators 	<ul style="list-style-type: none"> Initial/reassignment Whenever changes occur in the hazards present or in the respirator being used Annually (including fit testing) 	<ul style="list-style-type: none"> When and why respirators are necessary Medical evaluations Selection, limitations, use, care and maintenance of respirators Fit-testing Applicable details of employer's written Respiratory Protection Program



OSHA-Required Trainings Offered by Ultimate Risk Services

Training Topic	Standard	Affected Employees	Frequency	Topics Covered
Occupational Noise Exposure (Hearing Conservation)	29 CFR 1910.95	<ul style="list-style-type: none"> All employees who are exposed to noise at or above an 8-hour time-weighted average of 85 dB 	<ul style="list-style-type: none"> Initial/reassignment Annually 	<ul style="list-style-type: none"> Causes & Effects of Hearing Loss Engineering & Administrative Controls Hearing Protection Devices (advantages, disadvantages, and attenuation of various types, and instructions on selection, fitting, use, and care) Audiometric Testing Procedures
Forklift Operator Safety Awareness	29 CFR 1910.178	<ul style="list-style-type: none"> All employees who operate powered industrial material handling equipment 	<ul style="list-style-type: none"> Initial/reassignment Performance Evaluation every 3 years (certification card) Whenever an employee is observed operating a forklift in an unsafe manner 	<ul style="list-style-type: none"> Forklift classifications Forklift components and safety features Basis forklift operation, loading and unloading Inspection and maintenance Performance evaluations (upon request)
Laboratory/Chemical Hygiene Safety	29 CFR 1910.1450	<ul style="list-style-type: none"> All laboratory employees Any other personnel who enter laboratory area where they could be exposed to hazardous chemicals 	<ul style="list-style-type: none"> Initial/reassignment Whenever a new hazard is introduced into the work area and as deemed necessary by the employer 	<ul style="list-style-type: none"> Physical and health hazards of chemicals in the workplace Hazard information sources (labels and MSDS) Safe laboratory practices Protective equipment Emergency procedures Applicable details of employer's written Chemical Hygiene Plan



OSHA-Required Trainings Offered by Ultimate Risk Services

Training Topic	Standard	Affected Employees	Frequency	Topics Covered
Permit-Required Confined Space Entry	29 CFR 1910.146	<ul style="list-style-type: none"> All employees whose work is regulated by the OSHA standard 	<ul style="list-style-type: none"> Initial/reassignment Whenever processes, equipment, or job responsibilities change, or inadequacies are identified 	<ul style="list-style-type: none"> Identification of permit and non-permit confined spaces Hazards associated with confined space and appropriate equipment Team responsibilities Proper entry procedures Atmospheric testing and monitoring
Electrical Safety Awareness: Unqualified Persons	29 CFR 1910.332	<ul style="list-style-type: none"> All employees who will face a risk of electric shock, and/or who work on or near exposed energized parts 	<ul style="list-style-type: none"> Initial/reassignment Refresher training not specified; ACS recommends refresher training every 2-3 years 	<ul style="list-style-type: none"> Fundamentals of Electricity Recognizing Electrical Hazards Electrical Shock & Effects Current Control & Shock Prevention Inspection & Care of Equipment Safe Work Practices
Walking-Working Surfaces (Slips, Trips, Falls/Ladder Safety)	29 CFR 1910.30	<ul style="list-style-type: none"> Any employee who may be subject to fall hazards 	<ul style="list-style-type: none"> Initial/reassignment Performing a job or operating equipment in an unsafe manner Fall incident or a near miss Changes in the workplace or in fall protection/prevention equipment also trigger retraining requirements 	<ul style="list-style-type: none"> Hazard Recognition & Prevention Fall Protection Systems Equipment Hazards Proper Care, Inspection, Storage, and Use of Equipment Ladder Safety
Fall Protection Equipment	29 CFR 1910.140 29 CFR 1926.503	<ul style="list-style-type: none"> All employees who might be exposed to fall hazards 	<ul style="list-style-type: none"> Initial/reassignment When changes in the workplace and/or in the types of fall protection systems or equipment to be used render previous training obsolete Whenever employee 	<ul style="list-style-type: none"> Hazard Recognition Fall Prevention/Protection Systems PFAS vs PFPS Inspection Guidelines Correct Usage/Maintaining Equipment



OSHA-Required Trainings Offered by Ultimate Risk Services

Training Topic	Standard	Affected Employees	Frequency	Topics Covered
			indicates that he/she has not retained the requisite understanding or skill	<ul style="list-style-type: none"> ● Fall Protection Plan
Standard First Aid <i>Note: Additional Fees may apply.</i>	29 CFR 1910.151	<ul style="list-style-type: none"> ● Designated First Responder/ First Aid Provider 	<ul style="list-style-type: none"> ● Varies by training agency; usually every 2-3 years <p><i>Note: Course completion cards/ certificates issued through the National Safety Council.</i></p>	<ul style="list-style-type: none"> ● Emergency Scene Assessment ● Basic Life Support ● Sudden Injury or Illness ● Bleeding and Wound Care ● Treatment for Shock and Burns ● Preventing Disease Transmission
Adult CPR/AED <i>Note: Additional fees may apply.</i>	29 CFR 1910.151	<ul style="list-style-type: none"> ● Designated First Responder/ First Aid Provider 	<ul style="list-style-type: none"> ● Varies by training agency; usually every 1-2 years <p><i>Note: Course completion cards/ certificates issued through the National Safety Council.</i></p>	<ul style="list-style-type: none"> ● Emergency Scene Assessment ● Basic Life Support ● CPR and Rescue Breathing ● Choking ● Use of AED ● Preventing Disease Transmission
Machine Safeguarding	29 CFR 1910.211-.222	<ul style="list-style-type: none"> ● Machine/Equipment Operators, Maintenance or Setup Personnel 	<ul style="list-style-type: none"> ● Initial/reassignment ● When any new or altered safeguards are put in service ● Machine guarding incident or near miss 	<ul style="list-style-type: none"> ● Hazards and potential injuries associated with operating machinery ● Basic concepts, principles, and methods of machine guarding ● PPE required for operating machinery ● How and under what circumstances guards can be removed ● Procedures for damaged, missing, or inadequate guards



Hazardous Materials Trainings Offered by ACS

Training Topic	Standard	Affected Employees	Frequency	Topics Covered
RCRA Hazardous Waste Management <i>Note: Additional fees may apply.</i>	29 CFR 1910.120 (as well as 49 CFR 264 & 265)	<ul style="list-style-type: none"> Hazardous waste management personnel (Large Quantity Generators & Small Quantity Generators) 	<ul style="list-style-type: none"> Initial/reassignment Annually 	<ul style="list-style-type: none"> Types of Hazardous Waste and Hazardous Waste Generators General Requirements & Best Management Practices Waste Treatment Emergency & Spill Response
DOT Hazardous Materials Shipper (ground transportation) IATA Shipping of Dangerous Goods (air transportation) <i>Note: Additional fees may apply.</i>	49 CFR 172.704 IATA DGR Section 1.5	<ul style="list-style-type: none"> All employees who ship materials handlers by ground (hazardous materials handlers, shippers, drivers, etc.) All employees who ship materials handlers by air (hazardous materials handlers, shippers, drivers, etc.) 	<ul style="list-style-type: none"> Initial/reassignment At least once every 3 years Initial/reassignment At least once every 2 years 	<ul style="list-style-type: none"> Requirements of Applicable Regulations Hazard Identification & Recognition Proper Labeling and Placarding Storage: Compatibility & Segregation Shipping Papers & Packaging Requirements Accident Avoidance & Emergency Response Awareness of Security Risks

Other topics available upon request. For more information, contact Ultimate Risk Services (800-55-HELPS / 800-554-3577).

