

# OSHA

10/30 Hr Construction

ACS offers OSHA 10 & 30 Hour Construction Courses online and onsite. Call to learn more or register for an online course today.

These courses are part of the OSHA Outreach Training Program and are designed to increase employee awareness of the hazards and risks common to the construction industry.

Emphasis is placed on the Focus Four construction hazards, including: falls, electrocution, caught-in or -between, and struck-by hazards. Construction health hazards and personal protective equipment are covered as well. Training is based on various topics in OSHA's 1926 Construction Industry Regulations.



The 10 Hour class is intended for entry level workers as an orientation and covers safety and health hazards workers may face on construction work sites, while the 30 Hour class is more appropriate for supervisors or workers with some safety responsibilities.

Successful completion of the 10 Hour or 30 Hour Construction Course satisfies the contractor safety training requirements for Philadelphia, New York City, Florida (Miami-Dade), and others. Participants who successfully complete the course will receive a DOL/OSHA course completion card (please allow 6-8 weeks for delivery).



Send completed Registration Form to [clientservices@acs-safety.com](mailto:clientservices@acs-safety.com).

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email Address: \_\_\_\_\_



## 2023 Pricing

10 Hour  Online (\$79 x \_\_\_ ppl)  On Site\* (Call for Pricing)

30 Hour  Online (\$179 x \_\_\_ ppl)  On Site\* (Call for Pricing)

\*Minimum enrollment required. Ask about our group rates.

Payment Method:  Check  ACH  Credit Card (we will call you for your credit card number)

Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Make checks payable to American Compliance Systems, PO Box 619, Norristown, PA 19408.  
For more information, call 800-55-HELPS / 800-554-3577.